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Buddhism for Beginners eBook: Chodron, Thubten: Amazon.com

Buddhism for Beginners. by. Thubten Chodron, Dalai Lama XIV (Foreword) 3.84 · Rating details · 1,804 ratings · 151 reviews. "This book is written for people wanting to understand basic Buddhist principles and how to integrate them into their lives. It will be of much benefit to its readers." —The Dalai Lama.

Buddhism for Beginners by Thubten Chodron, His Holiness

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Buddhism for Beginners - thubtenchodron.org

Talks addressing the most commonly asked questions about the essence of the Buddha's teachings, based on Venerable Thubten Chodron's book Buddhism for Beginners. Teachings given during the monthly Sharing the Dharma Day at Sravasti

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Buddhism for beginners. by. Thubten Chodron, 1950-. Publication date. 2001. Topics. Buddhism -- Doctrines. Publisher. Ithaca, N.Y. : Snow Lion Publications.

Buddhism For Beginners : Thubten Chodron : 9781559391535

Thubten Chodron's responses to the questions that always seem to arise among people approaching Buddhism make this an exceptionally complete and accessible introduction--as well as a manual for living a more peaceful, mindful, and satisfying Life.

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